



Ladies Get-A-Way Weekend

Saturday	Terrace	Edgewater	Theater	LakesideE	LakesideW	Captains	Waterlot	Spa	Fitness	Lakeside Dining RM	Morey	Steamboat	Parlor	Garden View	Lobby	Excursion								
7:30									Fitness Center Open	Breakfast Buffet														
8:00	Flow Yoga										Zumba						Group Walk							
8:30								Open By Appointment (\$)				Strong by Zumba		Readings by Shelly Drew (\$)**	Retail Therapy									
9:00				Wooden Signs**																				
9:30	Stretch, Breathe, Relax	Kitchen Basics									Open Crafts: Glass Etching/ Paint Tiles/ Felt Earrings/ Bracelsts													
10:00			Judy																					
10:30																						Car Basics		
11:00	Barre	Cupcake Wars		Wooden Signs**													Belly Dancing	Chocolate BINGO						
11:30																								
12:00	Circuit Training*			Essential Oils*												Lunch (\$)			Steamboat Lounge Open 12pm- Close \$					
12:30																								
1:00	Cornhole Finals	Kitchen Basics	TBD			Smash Your Scale												POUND						
1:30																								
2:00				Essential Oils*																				
2:30		Chili Cook-Off				Be Your Own Kind of Bad Ass												Belly Dancing						
3:00	Tasting Vermont & New England Spirits			3D Cards*																				
3:30																								
4:00																		Sexy Chair Dancing		Live Music with Jason Cann				
4:30																								
5:00																								
5:30																								
8:00			Hustlers									Dinner**												
8:30																								
9:00																								
10:00													Roaring 20's											

*Limited Class Size ** Reservations Requested \$ cost not included in package